



# Tibetan Chi Kung & Meditation

Beginning Level

7 Chakras, Chi Kung Postures, Tubo  
Breathing And Meditation



**Class begins Saturday, June 3, 2017 for 4 weeks** no class 6/24

**12 noon - 1pm      Fee: \$40**

Shao-Lin Kung Fu, Tai Chi & Wooden Man

7174 Washington Street #C, Denver, Colorado 80229

Go [shaolin.com](http://shaolin.com)

